

Please attach  
**Hair-Sample**  
 10-30 strands  
 1-3cm/1 inch  
 with sello-tape  
**here**

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## Allergy & Intolerance Test Online-Application

Please select the test format and return: by post or email

Test Format: Basic-75 Basic-100 Standard-150 Complex-250 Complex-400+ Vitamin & Mineral Analysis only

Date: <input type="text"/>	Title: Mrs <input type="checkbox"/> Mr <input type="checkbox"/>	Test for Baby? Please specify if breastfeed <input type="checkbox"/> weaned <input type="checkbox"/> and list Formula & solid foods .	Order ID:
First Name: <input type="text"/>			Ref-No: KD1823-
Surname: <input type="text"/>	Gender: Female <input type="checkbox"/> Male <input type="checkbox"/>		Date received:
Date of Birth: <input type="text"/> - <input type="text"/> - <input type="text"/>	Age: <input type="text"/>	Height: <input type="text"/>	Weight: <input type="text"/>
Address: <input type="text"/>			
	Postcode: <input type="text"/>		
Occupation: <input type="text"/>	Tel: <input type="text"/>		Date processed:
Email: <input type="text"/>			

The information you give assists us in establishing any intolerance or allergy like reaction related to your symptoms.

Please indicate the Symptoms you experience: A=acute O=often S=sometimes

### Do you have any known Allergies?

e.g. penicillin, milk, pollen, nuts, latex, strawberries, tomato, etc.

No  Yes : .....

### Did you ever experience an Anaphylactic Shock?

e.g. penicillin, nuts, bee/wasps, latex, strawberries, tomato, etc

No  Yes : .....

Are you:  vegan  pet owner .....

vegetarian  smoker

### Have you had any of the following in the past 3 years?

Vaccination  X-Ray  Antibiotics

Are you taking any **Vitamins** or other **health Supplements**?

No  Yes : .....

Are you currently taking any **Medication / Herbs**?

No  Yes : .....

Please use back of form if space is not enough

### Medical Conditions or health problems:

.....  
 .....  
 .....

Medical History – optional: please use back of form if you wish.

### Other reason for allergy test and comments:

.....  
 .....

### Digestive Symptoms:

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> IBS - Irritable Bowel | <input type="checkbox"/> constipation    | <input type="checkbox"/> abdominal pain  |
| <input type="checkbox"/> indigestion           | <input type="checkbox"/> diarrhoea       | <input type="checkbox"/> bloatedness     |
| <input type="checkbox"/> heartburn             | <input type="checkbox"/> nauseous        | <input type="checkbox"/> wind            |
| <input type="checkbox"/> Diverticulitis        | <input type="checkbox"/> Coeliac disease | <input type="checkbox"/> Crohn's disease |
| <input type="checkbox"/> other .....           |  |  |

### Skin conditions:

- |                                      |   |  |
|--------------------------------------|---|--|
| <input type="checkbox"/> Eczema      | <input type="checkbox"/> rashes           | <input type="checkbox"/> red spots     |
| <input type="checkbox"/> Dermatitis  | <input type="checkbox"/> itching skin     | <input type="checkbox"/> itchy spots   |
| <input type="checkbox"/> Psoriasis   | <input type="checkbox"/> hives /Urticaria | <input type="checkbox"/> acute         |
| <input type="checkbox"/> Acne        | <input type="checkbox"/> Rosacea          | <input type="checkbox"/> spots/pimples |
| <input type="checkbox"/> other ..... |   |  |

### Respiratory conditions:

- |  |  |
|--|--|
| <input type="checkbox"/> Asthma ( <input type="checkbox"/> acute)      | <input type="checkbox"/> Rhinitis                                      |
| <input type="checkbox"/> breathing problems                            | <input type="checkbox"/> Sinusitis                                     |
| <input type="checkbox"/> catarrh <input type="checkbox"/> coughing     | <input type="checkbox"/> Nasal Congestion                              |
| <input type="checkbox"/> Hay Fever <input type="checkbox"/> itchy eyes | <input type="checkbox"/> watery eyes <input type="checkbox"/> sneezing |
| <input type="checkbox"/> other .....                                   |  |

### Other conditions present:

- |   |   |                                     |
|---|---|-------------------------------------|
| <input type="checkbox"/> Migraines                                | <input type="checkbox"/> Hyperactivity        | <input type="checkbox"/> Anxiety    |
| <input type="checkbox"/> Headaches                                | <input type="checkbox"/> Irritability         | <input type="checkbox"/> Depression |
| <input type="checkbox"/> tired <input type="checkbox"/> fatigue   | <input type="checkbox"/> Weight loss          |                                     |
| <input type="checkbox"/> Chronic fatigue (ME)                     | <input type="checkbox"/> Weight gain          |                                     |
| <input type="checkbox"/> Cystitis <input type="checkbox"/> Thrush | <input type="checkbox"/> Rheumatoid arthritis |                                     |
| <input type="checkbox"/> Water retention                          | <input type="checkbox"/> Osteo-arthritis      |                                     |
| <input type="checkbox"/> other .....                              |   |                                     |

